Jill Boultinghouse, M. A.
85 Primrose
Aliso Viejo, CA 92656
(949)580-1124

Coaching Agreement

Dear Coaching Client,

My style of coaching utilizes assessments, asking the right questions, listening carefully to what you tell me, identifying your resources (experiences and qualities), helping you overcome blocks to success, helping you develop a high degree of self-care, helping you identify your standards and assisting you in clarifying your goals. I use a step-by-step strategy and I will help you to continually evaluate your progress.

Coaching is not therapy. Although I am trained in psychology and psychotherapy, I do not engage in the practice of psychotherapy with my coaching clients. If issues arise that are best dealt with in a therapeutic context, I will refer you to an appropriately trained professional.

We will agree on appointment times together. Once these times have been established it will be reserved for you. If you need to cancel an appointment, please provide at least 24 hours notice or your account will be billed for the appointment.

The information you share with me will remain confidential unless you give me specific permission to release the information or I am required by law to release the information. These limitations of confidentiality will be discussed with you at our first meeting.

Coaching usually leads to significant improvements and many changes in one's life. The pros and cons of coaching will be discussed together.

I believe that each of my clients is unique, creative and responsible for moving their own life forward. I look forward to working with you.

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Coaching Client Signature Date